# National Weather Service Wichita, KS Disaster Kit

www.weather.gov/wichita

# Are you ready?

When Disaster strikes, it pays to be prepared. Having a Disaster Kit prepared will save you time and could save your life. A disaster kit should be in your *designated shelter* and it would also be helpful to have a *smaller version in a small backpack or other containers that are easily carried if you need to evacuate your home*. Disaster kits should be reviewed annually to be kept up-to-date with your family's needs. Items in your kit should include, but are not limited to:

## Staple Items

- □ 3 day supply of Water (1 gallon per person per day)
- □ 3 day supply of nonperishable, ready to eat food items and manual can opener
  - □ High Energy Foods, e.g. Peanut Butter
  - Juices, dried Milk
  - □ Sugar, Salt, Pepper
- □ First Aid Kit (see list for individual items)
- □ Flashlight and extra batteries, or ones that generate their own energy by shaking them
- □ Battery operated or Hand Crank Radio
  - NOAA All-Hazard Weather Radio
- Clothing— Think about the climate; warm and/or cool season clothes
- □ Shoes
- □ Sanitation and Hygiene items (such as hand sanitizer, moist towelettes and toilet paper)
- ☐ Matches in waterproof container
- □ Whistle
- □ Blankets
- □ Other tools (e.g. hammer, pliers)
- □ Cash and coins
- Photocopies of important documents, personal ID's and credit cards
- □ Baby needs
- □ Special Needs
  - □ Prescription medications, eye glasses,
  - □ Contact lens solution, etc.
- ☐ Games to pass the time (e.g. cards)
- □ Pet Food and extra water

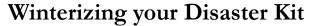


# **First Aid Kit**

- Sterile adhesive bandages in assorted sizes
- 2-inch and 4-inch sterile gauze pads
- Hypoallergenic adhesive tape
- Triangular bandages
- □ Scissors & Tweezers
- **2-inch** and 3-inch sterile roll bandages
- Waterless alcohol-based hand sanitizer
- Antiseptic Wipes
- Petroleum Jelly or other lubricant
- Latex Gloves
- □ Anti-bacterial Ointment
- □ Aspirin or non-aspirin pain reliever
- □ Antacid (for upset stomach)
- □ Cold pack



# Winter Disaster Kit





If you live in a cold climate, you must think about warmth. It is possible that you will not have heat during or after a disaster. Think about your clothing and bedding needs. Be sure to include one set of the following for each person to add to your Disaster Kit.

Jacket	٥r	Coat
Jacket	OI	COat

- Long pants and long sleeve shirt
- □ Sturdy Shoes
- □ Hat, Mittens, and Scarf
- □ Sleeping Bag or Warm Blanket
- Extra Blankets
- Lantern or Flashlight

# A Disaster Kit for your Vehicle

You may be in your vehicle when disaster strikes, or possibly stuck in your vehicle in a summer/winter environment. Below are a few items that you should keep in your car as part of your Vehicle Disaster Kit.



- □ Flashlight and extra batteries
- □ Maps
- □ Small First Aid Kit
- □ White Distress Flag
- □ Tire Repair kit

- □ Booster/Jumper cables
- □ Air pump
- □ Flares
- □ Bottled water
- Non-perishable foods such as granola bars

### Winter supplies

- □ Blanket or Sleeping Bag
- Hat and Mittens
- □ Shovel
- □ Sand Bags
- □ Tire Chains
- Windshield Scraper
- □ Florescent Distress Flag

### **Summer Supplies**

- □ Sunscreen
- □ Shade Item (umbrella or wide brimmed hat)
- □ Bug spray